



## **Transforming Looks with Advanced Eyelid Lift Surgery at Mansfield Cosmetic Surgery Center**

*June 12, 2024*

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Mansfield Cosmetic Surgery Center, under the expert guidance of Dr. Michael L. Thornton, is proud to offer advanced eyelid lift surgery, known as blepharoplasty, to patients seeking a rejuvenated appearance and improved vision. Dr. Thornton, a fellowship-trained, double board-certified cosmetic surgeon and diplomate of the American Board of Cosmetic Surgery, brings unparalleled expertise to this procedure, helping patients achieve their aesthetic goals with precision and care.

Eyelid lift surgery is designed to remove excess skin and fat bulges from the upper and lower eyelids, addressing issues such as drooping or hooded upper eyelids that can restrict vision, puffiness, under-eye bags, and fine wrinkles. Learn more at <https://mansfieldcosmeticsurgery.com/facial-cosmetic-surgery/eyelid-lift-surgery-blepharoplasty/>.

Dr. Thornton performs both upper and lower blepharoplasty, tailoring each procedure to meet the unique needs of his patients. Upper blepharoplasty involves the careful removal of excess skin and, if necessary, a small strip of eyelid muscle or fat to contour the upper eyelid. The incision is discreetly placed in the natural eyelid crease, ensuring minimal visible scarring.

Lower blepharoplasty primarily targets the removal of fat bulges from the lower eyelids, reducing puffiness and the appearance of eye bags and dark circles. Dr. Thornton employs advanced techniques such as scarless lower eyelid blepharoplasty, or transconjunctival blepharoplasty, which involves making incisions inside the lower eyelid conjunctival space. This approach leaves no external scars and reduces the risk of lower eyelid scar retraction or ectropion. Additionally, fractional CO2 laser resurfacing can be used to smooth and tighten the lower orbital skin, enhancing the overall result.

Dr. Thornton's expertise in fat grafting further elevates the results of lower blepharoplasty. By harvesting fat from other areas of the body and grafting it into the lower orbital regions, he can improve volume, reduce the appearance of tear trough deformity, and enhance the overall contour of the mid-face. This comprehensive approach to periorbital rejuvenation is highly effective in achieving a youthful, refreshed appearance.

Patients at Mansfield Cosmetic Surgery Center often seek eyelid lift surgery to eliminate a "tired look" or "droopy eyelids." The results of blepharoplasty can be long-lasting, especially when combined with healthy lifestyle choices and good skincare practices. While the natural aging process will continue, many patients find that their rejuvenated appearance lasts for decades.

Upper blepharoplasty is commonly performed as an outpatient procedure at Mansfield Cosmetic Surgery Center with local anesthesia and oral sedation. Lower blepharoplasty, which requires additional anesthesia and surgeon precision, is performed at a AAAHC-certified outpatient surgery center a short driving distance from our office. Recovery from blepharoplasty typically takes 7 to 10 days, with mild residual swelling possibly lasting several weeks.

Postoperative care is crucial for a smooth recovery and optimal results. Patients receive detailed instructions on how to care for their eyes following surgery, including the use of cold compresses and prescribed medications to reduce swelling and manage discomfort. Dr. Thornton advises minimizing strenuous activities and keeping the head elevated while sleeping to promote faster healing.

During the initial consultation, patients meet privately with Dr. Thornton to discuss their personal needs, desires, and expectations. He takes a thorough medical history and performs a careful eye examination to identify excess eyelid skin and orbital fat bulges. Conditions such as previous eyelid surgery, hypothyroidism, thyroid eye disease, Graves' disease, retinal detachment, macular degeneration, dry eye syndrome, and excessive tears are additionally evaluated to develop a personalized treatment plan tailored to each patient's specific concerns and aesthetic goals.

Dr. Thornton's commitment to providing exceptional care and achieving beautiful, natural-looking results has earned him a reputation as a leading cosmetic surgeon in the Mansfield, Arlington, Fort Worth, and Dallas

areas. His use of state-of-the-art surgical techniques and meticulous attention to detail ensures that patients receive the highest level of care and achieve the best possible outcomes.

Mansfield Cosmetic Surgery Center invites potential patients to schedule a consultation to learn more about how eyelid lift blepharoplasty can enhance their appearance and improve their quality of life. For more information about eyelid lift surgery or to schedule a consultation, please visit Mansfield Cosmetic Surgery Center website or contact the office directly.

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For more information about Mansfield Cosmetic Surgery, contact the company here: Mansfield Cosmetic Surgery Dr. Michael Thornton (817) 477-9000 [info@mansfieldcosmeticsurgery.com](mailto:info@mansfieldcosmeticsurgery.com) Mansfield Cosmetic Surgery 550 N Walnut Creek Dr #120, Mansfield, TX 76063

### **Mansfield Cosmetic Surgery**

*Mansfield Cosmetic Surgery Center was established in 2008 under the surgical directorship of Dr. Michael L. Thornton, a fellowship-trained cosmetic surgeon and Diplomate of the American Board of Cosmetic Surgery.*

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